

	Autumn 1 Indoors	Autumn 1 Outdoors	Autumn 2 Indoors	Autumn 2 Outdoors	Spring 1 Indoors	Spring 1 Outdoors	Spring 2 Indoors	Spring 2 Outdoors	Summer 1 Indoors	Summer 1 Outdoors	Summer 2 Indoors	Summer 2 Outdoors
FS	From Oct onwards Shoes/socks off Listening skills/games Dance	Continuous use of outside area/ activities to teach EYFS and PD skills.	Real PE	Continuous use of outside area/ activities to teach EYFS and PD skills.	Real PE	Continuous use of outside area/ activities to teach EYFS and PD skills.	Yoga	Football	Gymnastics CORBY	Sports Day Practice	Dance On Parade – track 2 on CD Explore, remember, repeat. (movement)	Tag Rugby
Year 1	Fundamental Skills Unit 1	Team Building	Fundamental Skills Unit 2	Football (Invasion Games)	Gymnastic	Tag Rugby	Yoga	Net and Wall Games	Dance Moving Words – track 3 on CD	Sports Day Practice	Athletics	Ball Skills
Year 2	Dance Great Fire of London – Track 3 on CD	Sending & Receiving	Fundamentals Unit	Tag Rugby	Gymnastic	Invasion Games	Fitness	Striking Fielding	Yoga	Sports Day Practice	Athletics	Football
Year 3	OAA	Tag Rugby	Gymnastics	Tennis	Yoga	Uni-Hockey	Dance Solar System – Track 6 on CD	Football	Netball	Athletics	Rounders	Cricket
Year 4	Fitness	Tag Rugby	Basketball	Hockey	Dance Cold Places – track 7 on CD	Tennis	Ball Skills	Football	Gymnastics	Swimming	Swimming	Rounders
Year 5	Yoga	Tennis	Basketball	Football	OAA	Swimming	Gymnastics	Swimming	Volleyball	Cricket	Dance On the Beach – track 8 on CD	Athletics/Sports Day Practice
Year 6	Gymnastics	Netball	Dance Football – track on 9 on CD	Hockey	Fitness	Football	Badminton	Tag Rugby	Yoga	Cricket	Dodgeball	Athletics/Sports Day Practice



PE Long Term Plan 2022-2023

