

# **Whole School Policy for Physical Education.**

## **Oundle Church of England Primary School**

### **1. Introduction.**

Oundle CE Primary School believes that physical education, experienced in a safe and supportive environment, is vital and unique in its contribution to a pupil's physical and emotional development and health.

A balance of individual, team, co-operative and competitive activities aims to cater for individual pupil's needs and abilities. The scheme of work is based on progressive learning objectives which, combined with varied and flexible teaching styles, endeavour to provide appropriate, stimulating, challenging and enjoyable learning situations for all pupils.

The scheme aims to promote an understanding of the many benefits of exercise, through a balanced range of relevant activities. Physical education is considered as a vehicle to facilitate access to cross-curricular themes, skills and dimensions, rather than a subject concerned exclusively with the acquisition of motor skills and techniques.

### **2. Oundle CE Primary School Priorities for Physical Education**

- Ensure that every pupil can swim at least 25 metres before the end of Key Stage 2
- Plan learning in PE that builds on what pupils of all abilities already know, understand and can do, and identifies what pupils need to do next in order to improve.
- Articulate a clear vision for making PE good or outstanding and ensure that improvement plans are fully understood and supported by all staff
- Set the highest expectations of staff and pupils, and model good practice
- Work in partnership with parents and health agencies to enable overweight and obese pupils to participate regularly in a personalised programme of PE as part of a healthy lifestyle.

### **3. Oundle CE Primary School aims to raise achievement of pupils**

- To develop an ability to plan a range of movement sequences, organize equipment and apparatus, and begin to design and apply simple rules.
- To develop an ability to remember, adapt and apply knowledge, practical skills and concepts in a variety of movement based activities.
- To promote positive attitudes towards health, hygiene and fitness.
- To increase levels of Physical Activity within the school and community setting.
- To foster an appreciation of safe practice.
- To develop a sense of fair play and sportsmanship.
- To develop communication skills, encouraging the use of correct terminology, to promote effective co-operation.
- To foster an enjoyment, and positive attitude to, the subject in school.

#### **4. Oundle CE Primary Schools Objectives to raise achievement of pupils**

- Children will participate in a range of movement activities in order to develop personal physical skills. (Practical attainment)
- Children will be made aware of their body in relation to others and their immediate environment and aim to promote quality of movement. (Kinaesthetic)
- Children will be made aware of simple physiological changes that occur to their bodies during exercise. (Physiology)
- Be given opportunities to develop imagination and co-operation to achieve shared goals. (Teamwork)
- Be given opportunities to develop personal characteristics like initiative, self-reliance and self-discipline (Self-knowledge)
- Be given opportunities to enjoy and succeed in the subject as well as be stimulated and challenged. (Problem solving)
- Be given the opportunity to develop areas of activity of their choice in extra-curricular time.
- Make full use of the facilities here to prepare a child mentally and physically for key stage 3 and beyond.

#### **5. Oundle CE Primary School Aims to raise the quality of teaching**

- To support all teachers in their abilities to deliver and plan Physical Education lessons that offer a range of movement sequences, appropriate equipment and apparatus, and successfully applies simple rules.
- To support teachers and support staffs awareness of how health and fitness can support whole school improvements.
- To foster an appreciation of safe practice.
- To develop lesson that not only test pupils physical abilities but also tests pupil's cognitive and social skills through a range of relevant leadership and volunteering opportunities as part of the Physical Education lesson.
- To develop teachers communication skills, encouraging the use of correct terminology with the Physical Education environment.
- To foster an enjoyment, and positive attitude to, the subject in school.

#### **6. Organisation of PE and School Sports**

The curriculum in this subject has been organised to ensure that children in both key stages have access to all areas specified in the national curriculum and go beyond its statutory requirements. We are confident that children following our curriculum have the opportunity to surpass the expectations at the end of each key stage.

Individual teachers are responsible for the delivery of PE lessons and planning. Where appropriate, lessons are supported by coaches from partner agencies to improve the quality of learning offered to our pupils, as well as supporting the development of our staff.

#### **7. Resources/ Facilities**

The facilities for the teaching of physical education at Oundle CE Primary School are:

- Playing fields with marked football and rugby pitches
- Artificial cricket strip
- School hall
- Gymnasium
- Playground Courts
- Playground

As well as superb facilities in which to teach, the school also has a well-resourced PE store in both key stages, these include

- Mats
- Wall bars
- Benches
- Range of multi-skill equipment
- Sport specific equipment
- Basketball posts
- Netball posts
- Tennis nets
- Football goals
- Rowing machines

Equipment is checked regularly and stock replenished as often as budget allows.

Teachers have access to equipment and literature, via the coordinator, and can always rely on advice when needed.

## **8. Physical Education Training Opportunities**

Throughout the academic year we provided limited teacher training opportunities to our teachers in Physical Education. Oundle CE Primary School does however have a Specialist member of staff who is responsible for keeping abreast of new movements and initiatives. Our PE Coordinator leads on the analysis of PE needs. Regular performance management identifies training needs. The school has an identified training budget, as well as a ring-fenced portion of the School Sports Premium funding to support additional training and development. All staff are offered curriculum mentoring, in addition to sport or activity specific training where appropriate.

## **9. Physical Education Planning**

Planning is produced by the class teacher, guided by schemes of work kept in the PE cupboard and past plans are on the L Drive. Topics are pre-determined in long term planning produced by the PE coordinator, in accordance with the scheme of work and the

school sports partnership competitive calendar. Resources to aid planning and delivery are kept in the PE cupboard and are readily available to staff.

## **10. Assessment / Monitoring**

Assessment of pupils work and progress is ongoing throughout the school year. Teachers assess the children and fill in assessment form at the end of every lesson to indicate who hit the objectives and who needed support. These forms are then handed to the PE Coordinator at the end of every term. From these forms, children are identified for PE interventions or as Gifted and Talented.

## **11. Equality and Inclusion**

The school is committed to ensuring that all persons access physical education and school sport in a fair and prejudice free environment. In accordance to the Equality Act (2010), the individual needs of each pupil, including but not exclusive to the named protected characteristics, are considered. This is clearly evidenced in the planning and evaluation process.

As is stated in the NC, children with special needs will be included in any physical education lesson. If a programme needs to be adapted then the teacher in charge will do this in consultation with the coordinator and SENCO (if applicable).

## **12. Health and Safety**

Since this area now actually forms part of the new National Curriculum it is important that we understand that the safety of children in lessons is of paramount importance. The PE coordinator has attended appropriate training from a county approved provider in developing the schools health and safety policy. This policy identifies the Association for PE Teachers (AFPE) health and safety publication as source for model risk assessments. The up to date AFPE publication 'Safe Practice in PE' is also available to all staff.

It should be noted that, in the event of an emergency, walkie-talkies are taken onto the playground or field for PE lessons and First aid boxes are available from the main office. An up to date list of first aiders is prominently displayed on the staff notice board.

### **12.1 Footwear**

All pupils are required to have appropriate footwear for PE and games. Therefore proper training footwear, which provides adequate support to the arch and ankle, is required. Recent research has identified the wearing of plimsolls in PE and games lessons as a cause of injury to the foot, ankle and knee, as well as being a slip hazard on hard surfaces. In addition to this, the greater level of support offered by a training shoe enhances the development of movement skills, such as agility, in children of all ages. Studded footwear is permitted where appropriate and at the discretion of the class teacher and in consultation with the PE coordinator. Please check with your child's teacher whether such footwear will be required for games lessons each term.

In line with national guidance, plimsolls are not to be worn for PE, games or sports clubs.

### **12.2 Concussion**

Oundle CE Primary School has a strict concussion reporting and monitoring system, information on which is available online, from reception or by contacting the school.

### **12.3 Jewellery**

No jewellery is to be worn in PE lessons, with the exception of items which cannot be removed. In the case of earrings, pupils are required to remove their own earrings prior to any physical activity. If they are unable to do so, children will need to be provided with tape to cover the earrings. Taping does not significantly reduce the risk of a puncture wound to the neck but may reduce risk of a tear to the earlobe.

### **13. Timings**

The time allocated to PE in key stage two, like all foundation subjects, has been cut due to the restraints of literacy and numeracy. However, the pupils at Oundle CE Primary School still enjoy more PE time than many other schools in a week. All children from EYFS to year 6 will receive between one and two hours of PE per week depending upon whether they are swimming in that term, which demonstrates the school's commitment to a quality PE Curriculum.

### **14. Teaching Methods**

All lessons throughout the school are taught as class groups following mixed schemes of work. Lessons are normally taught by the class teacher. As mentioned previously, some lessons may on occasion be taught alongside a sports coach. Swimming lessons are always taught by a specialist swimming teacher along with the class teacher.

### **15. Extra-Curricular Sports**

The School is committed to providing all pupils access to a range of activities to participate in sport and physical activity outside of school hours. This provision is broad, and not limited to traditional sports. Although principal clubs will focus on School Games activity (see point 16), running alongside this provision will be activities promoting new and exciting sports or physical opportunities.

#### **15.1 Adults Other Than Teachers in Extra Curricular Sport**

Oundle CE Primary School works closely with partner agencies, county partnerships and national governing bodies (NGB) to ensure all coaches are high quality and cost effective. They must hold relevant qualifications, clearances and licensing in accordance with their sports' governing body and our own safeguarding policy before commencing work.

It is school policy that any sports coach leading a session must hold a minimum of an NGB level two qualification, with the exception of those sports whose NGB have specified their training levels to be age specific rather than competency specific (e.g. rugby union). Checking of credentials is the responsibility of the school bursar, whilst assessment of quality is conducted by the PE subject lead.

## **16. School Games**

The School is fully engaged in the Sainsbury's School Games framework for competitive school sport. With support from the School Sports Partnership, Oundle CE Primary School will offer all pupils the opportunity to compete at levels one (intra-school) and two (inter-school) of the Sainsbury's School Games, as well as supporting all those who progress to levels three and four. Full details on competitions run and attended are included in the PE subject folder, along with participation tracking documents.

## **17. Celebrating Success**

Success in PE and school sport will be regularly celebrated and promoted to parents and the wider community. This will include, but not be limited to

- Regular sports updates in school newsletters
- Sports Bulletins on Twitter
- Website news feed
- Reception news screen
- Recognition of achievement in assemblies

Pupils who achieve representative honours at club, district, county, regional and national levels will be celebrated within the above as is appropriate to the individual.

## **18. Pupil Voice**

Oundle CE Primary School is committed to ensuring that all of our pupils have the opportunity to actively make their opinions known. To this end, pupil voice is supported in PE across the key stages by

- A Key Stage 2 School Sports Crew, designed to ensure pupil involvement in developing the curriculum, sports and extra-curricular activity. They will be responsible for actively discovering and conveying the opinions of their peers in open forum with staff, as well as supporting with provision of, and reporting on, sporting activity
- Providing an environment in which pupils are confident to offer constructive feedback to their peers and teachers
- Every term, the PE Coordinator meets 4 children from each year group to gain feedback on PE sessions.

## **19. How will Oundle CE Primary School meet these priorities?**

- Celebrate success of all pupils to ensure that expectations are consistently high
- Increase teachers relationships with support staff/ external providers foster engagement and high levels of enjoyment for pupils and staff

- Ensure that policies are in place to make sure no time is wasted in Physical Education and ensuring all lessons are purposeful and physically active
- Provide mentors for staff to increase excellent subject knowledge of physical education to show pupils the standards expected.
- Teacher/ mentors to work together on effective curriculum focused questioning of pupils during practice and the providing of high-quality, subject-specific feedback on how to acquire skills and improve their performance
- Create a collaborative policy of planning to avoid duplication of activities across key stages and to ensure that lessons contained suitably challenging tasks for pupils of different ages and abilities



# **Oundle Church of England Primary School**

## **Physical Education Roles and Responsibilities**

### **PE Co-ordinator**

#### **The role of the PE Coordinator involves:**

- Supporting colleagues in all aspects of the curriculum.
- Maintaining and replacing equipment.
- Ensuring areas for lessons are safe.
- Assisting with recording keeping and assessment of the subject.
- Monitoring the teaching of the subject at school.
- Attending meetings and courses, which will inform future development of the subject and ensure other staff, are aware of courses themselves.
- Ensuring that pupils have the opportunity to become involved in extra –curricular clubs to further develop skills and talents.
- Ensure standards remain high in each year group through effective monitoring of the subject.

### **Sports Premium Officer**

#### **The role of the Sports Premium Officer involves:**

- Provide support for all staff within the school as identified through the planning process.
- Support the writing and sustainability of the Physical Education Development Plan
- Support the recording of the Sports Premium funding to department of Education/ Sport England
- Provide priority support on all Physical Activity Programs
- Change 4 Life Staff Training Course
- Deliver training for the School Sports Crew Training
- Provide on-going support for the School Sports Crew Training
- Deliver and support Level 1 School Games Competition
- Provide support in the application of School Games mark
- School Sports Brochure Creation